



FRESH CROP REPORT

WEEK OF JUNE 6, 2026 - CANADIAN EDITION

RSS



Table-ready fruits & vegetables. Backed by 5-Star.

MFC



Whole fresh fruits & vegetables. Backed by 5-Star.

ESS



Whole fresh fruits & vegetables. Backed by 5-Star.

HIGHLIGHTS

AVOCADOS

Expect elevated markets and tight supplies through June. Mexico's main avocado crop is tightening; growers are delaying harvests to prolong the season until the Loca season begins in July. California and Peruvian stocks will be shipped to help fill orders.

ORANGES

Stocks remain extremely limited, particularly 113- and 138-count sizes. This tight supply is being felt across all growing regions, and unfortunately, no improvement is expected until the Chilean and South African import seasons start in July.

BELL PEPPERS

Expect slightly lower green and red bell prices over the next few weeks. More growing regions have begun harvesting; supplies will increase.



CHILE PEPPERS

- Jalapeno stocks are abundant.
- Most markets are steady, but prices for Poblanos, Anaheims, and Habaneros remain elevated.

STRAWBERRIES

- Expect strong demand and elevated markets.
- Growers are recovering from last week's rain; supplies are tight.

POTATOES

- Prices continue to rise due to strong demand and limited storage supplies.
- Norkotah storage stocks will be depleted by late June; Burbank volume is slowly ramping up.

FRESH CROP REPORT

WEEK OF JUNE 6, 2026



apples

Most Michigan varietal seasons have ended, with the exception of Evercrisp, Fuji, and Red Delicious supplies, which have been extended into July, Washington markets are level. Quality is very good; sugar levels range from 15 to 18 Brix. MFC Gala, Golden Delicious, Granny Smith, Fuji, and Red Delicious Apples are available.

REGION	SUPPLIES	QUALITY	PRICE
MI, USA	///	*****	\$\$\$
WA, USA	///	*****	\$\$\$



asparagus

Prices continue to inch lower as volume ramps up in Central Mexico. Supplies are sufficient out of Baja, Peru, and Washington; the Michigan season will end in mid-June. Quality is very good; no serious issues are being reported. MFC Asparagus is available.

REGION	SUPPLIES	QUALITY	PRICE
DOMESTIC	///	*****	\$\$\$
MEX	///	*****	\$\$\$
PERU	///	*****	\$\$\$



avocados

Expect elevated markets and tight supplies through June. Mexico's main avocado crop is tightening; growers are delaying harvests to prolong the season until the Loca season begins in July. California and Peruvian stocks will be shipped to help fill orders. RSS Chunks, Halves, Pico de Gallo Guacamole, Authentic Chunky Guacamole, and Pure Pulp are available.

REGION	SUPPLIES	QUALITY	PRICE
CA, USA	///	*****	\$\$\$
OFFSHORE	///	*****	\$\$\$
MEX	///	*****	\$\$\$



bell peppers green/red

Expect slightly lower green and red bell prices over the next few weeks. More growing regions have begun harvesting; supplies will increase in California, Canada, and Georgia. Quality is excellent. MFC and ESS Green and Red Bell Peppers are available.

REGION	SUPPLIES	QUALITY	PRICE
CA, USA	///	*****	\$\$\$
CANADA	///	*****	\$\$\$
GA, USA	///	*****	\$\$\$
MEX/AZ	///	*****	\$\$\$



blackberries

The market is unchanged. The Mexican season is at its peak; supplies are abundant. Production has started in California's San Joaquin Valley; volume will climb as the month proceeds. Quality is very good; berries are plump and juicy.

REGION	SUPPLIES	QUALITY	PRICE
CA, USA	///	*****	\$\$\$
MEX	///	*****	\$\$\$



blueberries

Prices are weak. The Mexican season is starting to wind down, but yields are high in California's San Joaquin Valley. Domestic quality is excellent.

REGION	SUPPLIES	QUALITY	PRICE
CA, USA	///	*****	\$\$\$
MEX	///	*****	\$\$\$

FRESH CROP REPORT



broccoli

REGION	SUPPLIES	QUALITY	PRICE
CA, USA	///	*****	\$\$\$
EAST COAST	///	*****	\$\$\$
MEX/TX	///	*****	\$\$\$

Markets are steady at low levels due to ample stocks and steady production. Rain is aiding growth on the East Coast. In California's Salinas and Santa Maria regions, strong sun after last week's rain may cause pin rot to develop. The approaching Mexican monsoon season could cause issues, but for now, quality is good. MFC Broccoli Crowns are available.



cantaloupe

REGION	SUPPLIES	QUALITY	PRICE
CA, USA	///	*****	\$\$\$

Prices range from stable to slightly higher. The Arizona-California desert season is winding down; growers will move to the San Joaquin Valley in July. Quality is very good; color is strong and flavor is sweet. Sugar levels range from 14 to 16% Brix. MFC Cantaloupe Melons are available.



cauliflower

REGION	SUPPLIES	QUALITY	PRICE
CA, USA	///	*****	\$\$\$
EAST COAST	///	*****	\$\$\$

The market is weak. Last week's strong sun, followed by light rain, may cause mildew and off-color to develop in California's Salinas and Santa Maria regions. Current quality is very good; heads are firm and snowy white. ESS Cauliflower is available.



celery

REGION	SUPPLIES	QUALITY	PRICE
CA, USA	///	*****	\$\$\$

High prices persist. California growers are transitioning from Oxnard to Salinas; volume levels should be reached by late June. Oxnard quality is average; pith and fusarium are increasing issues, but Salinas new crop supplies are looking great. MFC Celery is available.



chile peppers

REGION	SUPPLIES	QUALITY	PRICE
CA, USA	///	*****	\$\$\$
EAST COAST	///	*****	\$\$\$
MEX	///	*****	\$\$\$

Jalapeno stocks are abundant. Most markets are steady, but prices for Poblanos, Anaheims, and Habaneros remain elevated. Quality is excellent. MFC Chile Peppers are available.



cucumbers

REGION	SUPPLIES	QUALITY	PRICE
EAST COAST	///	*****	\$\$\$
MEX	///	*****	\$\$\$

Markets are level. Growers are nearly finishing transitioning from Central Mexico to Baja; volume will climb through June. East Coast yields are ample out of Georgia and increasing in the Carolinas. MFC and ESS Cucumbers are available.



grapes

REGION	SUPPLIES	QUALITY	PRICE
MEX	///	*****	\$\$\$
OFFSHORE	///	*****	\$\$\$

High markets persist. The Chilean/Peruvian offshore season is wrapping up; MFC Lunch Bunch Grapes will ship another week or so. The Mexican season is underway; MFC Green and Red Seedless Grapes are available. California production will start in July.

FRESH CROP REPORT



green leaf

REGION	SUPPLIES	QUALITY	PRICE
CA, USA	///	*****	\$\$\$
MEX	///	*****	\$\$\$

Prices continue to rise; quality issues, specifically Impatiens Necrotic Spot Virus (INSV) and Sclerotinia, are reducing supplies. MFC Green Leaf Lettuce is sporadic; Markon Best Available (MBA) will be substituted as needed.



honeydew

REGION	SUPPLIES	QUALITY	PRICE
CA, USA	///	*****	\$\$\$
MEX	///	*****	\$\$\$

Markets range from stable to slightly higher. The Arizona-California desert season is winding down; growers will move to the San Joaquin Valley in July. Quality is very good; fruit is firm and sweet, but some scarring has been reported. Sugar levels are approximately 14% Brix. Domestic MFC Honeydew Melons are available.



iceberg

REGION	SUPPLIES	QUALITY	PRICE
CA, USA	///	*****	\$\$\$
MEX	///	*****	\$\$\$

Disease pressure and supply challenges are driving up the market. Quality issues include light density, small sizing, INSV, and internal burn. MFC Iceberg Lettuce is available, but MBA will be substituted as necessary.



lemons

REGION	SUPPLIES	QUALITY	PRICE
CA, USA	///	*****	\$\$\$
MEX	///	*****	\$\$\$
OFFSHORE	///	*****	\$\$\$

Domestic markets are high due to limited supplies and strong demand. In early July, both offshore and Mexican lemons will supplement domestic fruit. MFC and ESS Lemons are available.



limes

REGION	SUPPLIES	QUALITY	PRICE
MEX/TX	///	*****	\$\$\$
OFFSHORE	///	*****	\$\$\$

Prices are starting to ease; demand is weak. Quality is good; monsoon season rain may cause some skin breakdown. MFC and ESS Limes are available.



onions

REGION	SUPPLIES	QUALITY	PRICE
CA, USA	///	*****	\$\$\$
GA, USA	///	*****	\$\$\$
NM	///	*****	\$\$\$

Markets are slightly higher for California medium-sized yellows due to the transition north that is underway. Expect slightly lower white prices in both California and New Mexico. Sweet Vidalia onions are shipping from Georgia. MFC Red and Yellow Onions are available.



oranges

REGION	SUPPLIES	QUALITY	PRICE
CA, USA	///	*****	\$\$\$
FL, USA	///	*****	\$\$\$
MEX/AZ	///	*****	\$\$\$
OFFSHORE	///	*****	\$\$\$
TX, USA	///	*****	\$\$\$

Prices are elevated; stocks remain extremely limited, particularly 113- and 138-count sizes. This tight supply is being felt across all growing regions, and unfortunately, no improvement is expected until the Chilean and South African import seasons start in July. MFC and ESS Navel Oranges are available.



pears

REGION	SUPPLIES	QUALITY	PRICE
WA, USA	///	*****	\$\$\$

Washington markets are steady. The California Bartlett season will begin in July. Quality is very good; fruit is firm and sweet. MFC Anjou Pears are available.

FRESH CROP REPORT



pineapples

REGION	SUPPLIES	QUALITY	PRICE
CR	///	*****	\$\$\$

Prices are weak; stocks are increasing. Quality is very good; sugar levels are 14 Brix. RSS Pineapple Chunks and Spears are available.



red/yellow potatoes

REGION	SUPPLIES	QUALITY	PRICE
AZ, USA	///	*****	\$\$\$
CA, USA	///	*****	\$\$\$
CO, USA	///	*****	\$\$\$
FL, USA	///	*****	\$\$\$
ID, USA	///	*****	\$\$\$
WA, USA	///	*****	\$\$\$

Yellow potato markets remain high; red prices are stable. Production is increasing in Arizona and California. The Texas season will begin in July. Quality ranges from good to very good, depending on region. MFC Red and Yellow Potatoes are available.



potatoes

REGION	SUPPLIES	QUALITY	PRICE
CO, USA	///	*****	\$\$\$
ID, USA	///	*****	\$\$\$
WA, USA	///	*****	\$\$\$
WI, USA	///	*****	\$\$\$

Prices continue to rise due to strong demand and limited storage supplies. Norkotah storage supplies are expected to be depleted by late June; Burbank volume is slowly ramping up; small sizes dominate the crop. MFC Idaho Burbank and Norkotah Potatoes are available.



raspberries

REGION	SUPPLIES	QUALITY	PRICE
CA, USA	///	*****	\$\$\$
MEX	///	*****	\$\$\$

The market is level. The Mexican season is at its peak; supplies are abundant. Production has started in California's San Joaquin Valley; volume will climb as the month proceeds. Quality is very good; berries are plump, red, and juicy.



romaine

REGION	SUPPLIES	QUALITY	PRICE
CA, USA	///	*****	\$\$\$
MEX	///	*****	\$\$\$

Prices continue to escalate; INSV and Sclerotinia are tightening California stocks. Expect high markets through June. MFC Romaine Lettuce is sporadic; MBA will be substituted as needed.



salads & blends

REGION	SUPPLIES	QUALITY	PRICE
CA, USA	///	*****	\$\$\$

The market is level despite limited stocks. Quality issues like mechanical damage and discoloration are being culled at harvest.

FRESH CROP REPORT



spring mix

REGION	SUPPLIES	QUALITY	PRICE
CA, USA	///	*****	\$\$\$

Prices are unchanged; supply is meeting demand. Quality is very good; mechanical damage is being culled in the fields. RSS Arugula, Spinach, and Spring Mix are available.



squash

REGION	SUPPLIES	QUALITY	PRICE
CA, USA	///	*****	\$\$\$
EAST COAST	///	*****	\$\$\$
MEX	///	*****	\$\$\$

Low markets persist. California supplies are plentiful in the San Joaquin and Santa Maria Valleys. Mexican growers have transitioned to Baja. The Georgia season is winding down, but production has begun in North Carolina. Quality is excellent. MFC Zucchini and Yellow Squash are available.



stone fruit

REGION	SUPPLIES	QUALITY	PRICE
CA, USA	///	*****	\$\$\$

Prices are steady. Nectarine, peach, and plum supplies continue to increase. Quality is very good; sugar levels range from 12 to 14 Brix.



strawberries

REGION	SUPPLIES	QUALITY	PRICE
CA, USA	///	*****	\$\$\$

Expect strong demand and elevated markets. Growers are recovering from last week's rain; supplies are tight but should increase next week. MFC Strawberries are available.



tomatoes

REGION	SUPPLIES	QUALITY	PRICE
CA, USA	///	*****	\$\$\$
EAST COAST	///	*****	\$\$\$
MEX	///	*****	\$\$\$

Prices are low; supplies are abundant. East Coast production is focused in Northern Florida, Georgia, and the Carolinas. Yields are high in Jalisco and Baja, Mexico. The California season will get underway; stocks will increase through June. Quality is excellent. MFC Tomatoes are available.



watermelon

REGION	SUPPLIES	QUALITY	PRICE
EAST COAST	///	*****	\$\$

The market is low, especially for large sizes. The Florida season is winding down; production will begin in Georgia next week. Quality is excellent; flesh is firm, color is bright, and flavor is mildly sweet.

ASK A MARKON CHEF

Markon has gathered a group of our member- and grower-affiliated chefs to answer your questions about produce.



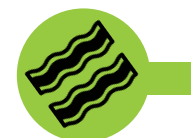
CHEF
SHANE HENDERSON
MARKON MEMBER CHEF

Q

MFC Sugar Snap Peas are an on-trend, easy-to-use ingredient. How do you incorporate them into recipes?

A

Need something sweet to help a dish out? Sugar snap peas are the solution. Need a texture in a salad? This miracle ingredient comes to the rescue—the trick is not to cook them too long to preserve their crispness!



I like to add them to creamy pasta dishes, chicken salads, or fried rice. Another great tip is to use them as a tempura-fried garnish on top of an Asian-influenced salad of shredded carrots, cucumbers, bell peppers, and cilantro tossed with a ginger-soy vinaigrette. Simple, vegetable-forward, and one of those items that keep people coming back for more.

TIPS FOR SERVING MFC SUGAR SNAP PEAS



- 1.** Their subtly sweet flavor pairs well with fish and/or soy sauce, garlic, onions, sesame seeds, mirin, peppers, and all types of meat and seafood.
- 2.** Flash fry on high heat to char edges while maintaining some crunch; add lemon zest and fresh mint, then deglaze with lemon juice.
- 3.** Include raw sugar snaps on charcuterie boards and crudité platters along with radish and cucumber rounds, bell pepper and carrot strips, and zesty dipping sauces like ranch, green goddess, Thai peanut, hummus, French onion, or romesco.



MENU FEATURE

Every chef needs a few solid recipes in his or her repertoire. That's why Markon has put together a catalog of fresh produce-based recipes that cover it all: day- and menu-parts, the range of seasons, a variety of cuisines, and a diverse list of ingredients.

Soba Noodle Salad with Peas and Bacon

Serve this salad as a shareable appetizer or main course. The tender buckwheat pasta is tossed with sugar snap and English peas, salty bacon, silken tofu, and the "it" condiment, XO sauce.

- 12 oz. soba noodles, boiled
- 1 C English peas, steamed
- 2 C MFC Sugar Snap Peas, steamed
- 8 oz. thick-cut bacon, cooked
- 12 oz. block of silken tofu, steamed
- 3 T XO sauce
- 1/2 C RSS Green Onions, chopped

Microgreens and edible flowers, to garnish, lightly toss noodles with one teaspoon of XO sauce. Arrange in bowls and top with equal portions English peas, snap peas, bacon, and tofu. Drizzle two teaspoons XO sauce over tofu and garnish with green onions and microgreens.

Sugar snap, snow, and edamame peas are flash-fried together in this briny, spicy side dish. Serve with rice, tofu, beef, or noodles!

