



# BANANA COLOR CHART

## STAGE 1: GREEN

Normal fruit color to receive at ripening facility. Good option for cooking.



## STAGE 2: LIGHT GREEN WITH SOME YELLOW

The first color change in the ripening cycle.



## STAGE 3: MORE GREEN THAN YELLOW

Firm and ideal for shipping to foodservice operators.



## STAGE 4: MORE YELLOW THAN GREEN

Still firm and actively ripening. Best to store for a couple more days.



## STAGE 5: YELLOW WITH GREEN TIPS

Expect banana to be ripe the next day. Ideal for displays.



## STAGE 6: FULL YELLOW

Ripe and firm with little to no green on the stem.



## STAGE 7: YELLOW WITH BROWN SPOTS

Completely ripe and provides maximum nutritional value. Sweetest flavor profile, making this stage ideal for baking.

