

CONFIDENCE
IN EVERY CASE.



Highlights

- Strawberry supplies are ample; demand is steady. Expect low prices through June.
- High avocado markets are forecast through the summer as volume is below normal in Mexico.
- Markon First Crop® (MFC) Gala Apples are limited, especially 125- to 150- count fruit.

Fresh Crop Report

WEEK OF JUNE 5, 2022 | CANADIAN EDITION

Ask a Markon Chef

Markon has gathered a group of our member- and grower-affiliated chefs to answer your questions about produce.

Ask us your most challenging cooking inquiries online >

FEATURED QUESTION

Q: Father's Day is a great time to offer catered to-go meals and grill boxes. What do you suggest packing in these off-premise kits?

A: Meal kits or grilling boxes are ideal for Father's Day. In addition to steaks and burgers, it's important to include delicious side dishes like the components for grilled Caesar salads and colorful fruits and vegetables (think multi-colored cauliflower, Romanesco, and fingerling potatoes). We set our kits apart by using including these produce items to grill, roast, or sauté. Don't forget house-made sauces and toppings that only you can offer. Even if you do something as simple as a braut package, offer a beer mustard made in-house and house-made sauerkraut.

*Chef Shane Henderson,
Markon member chef*



Menu Feature

Every chef needs a few solid recipes in his or her repertoire. That's why Markon has put together a catalog of fresh produce-based recipes that cover it all: day- and menu-parts, the range of seasons, a variety of cuisines, and a diverse list of ingredients.



Charred Eggplant with Shredded Salad

These sweet, yet smoky eggplant wedges are topped with tangy goat cheese, crunchy lettuces, and nutty pignoli.

Get the full recipe >

Tips for Serving Tomatoes

- Toss Ready-Set-Serve® (RSS) Hearts & Hearts, MFC Mint, par-boiled haricot verts and chopped tomatoes; drizzle with puréed feta cheese and honey.
- Top grilled fish with a relish of chopped tomatoes, diced MFC Red Onions, MFC Serranos and chopped watermelon.
- Stir-fry quartered tomatoes and baby bok choy; deglaze with soy-sesame-ginger sauce; top with seared scallops.
- Brush flatbread dough with olive oil; top with sliced tomatoes, chopped MFC Basil, roasted slices of MFC Eggplant and grated mozzarella.



Browse additional usage tips >



Serve everyone's favorite BLT sandwich as a crunchy, delicious salad.

Produce Highlights

Bell Peppers

- Red bell pepper demand is strong; expect low yields and high prices through June.
- Green bell pepper markets are elevated as well, but supplies are increasing.

Oranges

- California's Valencia orange season has begun to ramp up into full production.
- Supplies of 88- through 163-count fruit are tight.

Tomatoes

- The market is up.
- Supplies are snug as harvests are transitioning on both coasts.

Fresh Crop Report

WEEK OF JUNE 5, 2022

Apples



Region	Supplies	Quality	Price
WA, USA	▲▲▲	*****	\$\$\$

Washington MFC Fuji, Golden Delicious, Granny Smith, and Red Delicious Apples are available. Remaining MFC Gala Apples are limited, especially 125- to 150- count fruit. Quality is excellent: sugar levels range from 12 to 14 Brix.

Asparagus



Region	Supplies	Quality	Price
MEX	▲▲▲	*****	\$\$\$
PERU/FL	▲▲▲	*****	\$\$\$

Prices are steady; volume will increase in the summer months. Quality is very good: spear and tips are firm, color is bright, and flavor is grassy. MFC Asparagus is available.

Avocados



Region	Supplies	Quality	Price
CA, USA	▲▲▲	*****	\$\$\$
MEX	▲▲▲	*****	\$\$\$
PERU	▲▲▲	*****	\$\$\$

High avocado markets are forecast through the summer as volume is below-normal in Mexico. Small avocados (60- to 84-count fruit) are limited; demand has shifted to these sizes as harvesting has been cut back in Mexico. Peruvian volume will ramp up over the next few weeks. RSS Avocado Chunks, Halves, Pico de Gallo Guacamole, and Pure Pulp are available.

Bell Peppers - Green/Red



Region	Supplies	Quality	Price
CA, USA	▲▲▲	*****	\$\$\$
CAN	▲▲▲	*****	\$\$\$
EAST COAST	▲▲▲	*****	\$\$\$

Red bell pepper demand is strong; expect low yields and high prices through June. Green bell pepper markets are elevated as well, but supplies are increasing. Production is increasing in Georgia. California desert volume is low; growers will transition to Bakersfield in a week or two. Canadian greenhouse stocks are low due to overcast conditions. MFC and Markon Essentials® (ESS) Green and Red Bell Peppers are available.

Blackberries



Region	Supplies	Quality	Price
CA, USA	▲▲▲	*****	\$\$\$
MEX	▲▲▲	*****	\$\$\$

The market is level; supplies are sufficient. Quality is very good: berries are plump and sweet with deep purple color.

Blueberries



Region	Supplies	Quality	Price
CA, USA	▲▲▲	*****	\$\$\$
MEX	▲▲▲	*****	\$\$\$

Prices are stable; volume is average in Baja, Mexico and California's San Joaquin Valley. Quality is very good: fruit is firm and tangy-sweet.

Broccoli



Region	Supplies	Quality	Price
CA, USA	▲▲▲	*****	\$\$\$
MEX	▲▲▲	*****	\$\$\$

Expect low markets through the month; supplies are ample in both growing regions. Quality is very good: head size is consistent. MFC Broccoli is available.

Cantaloupe



Region	Supplies	Quality	Price
CA, USA	▲▲▲	*****	\$\$\$
MEX	▲▲▲	*****	\$\$\$

Prices are steady; the California season is ramping up. Mexican supplies are adequate. The offshore season has ended. Domestic quality is excellent: sugar levels range between 10 and 14 Brix.

Cauliflower



Region	Supplies	Quality	Price
CA, USA	▲▲▲	*****	\$\$\$

The market is unchanged; Salinas Valley are abundant due to ideal growing conditions. Quality is very good: curds are snowy white. ESS Cauliflower is available.



Fresh Crop Report

WEEK OF JUNE 5, 2022

Celery



Region	Supplies	Quality	Price
CA, USA	▲▲▲	*****	\$\$\$

Elevated markets persist; supplies are tight. Suppliers will move to Salinas, California in mid-to late June. Michigan production will start in early July. Quality is good: seeder problems will decrease once growers have fully transitioned to Salinas. MFC Celery is available.

Chile Peppers



Region	Supplies	Quality	Price
FL, USA	▲▲▲	*****	\$\$\$
MEX	▲▲▲	*****	\$\$\$

The market is steady. East Coast stocks are being shipped from Florida and Georgia. Supplies are ramping up in Baja, Mexico. Overall quality is very good: skins are smooth and deeply colored, while flavor is intense.

Cucumbers



Region	Supplies	Quality	Price
EAST COAST	▲▲▲	*****	\$\$\$
MEX	▲▲▲	*****	\$\$\$

Prices are stable. East Coast supplies are being harvested in Georgia. Mexican stocks are sufficient in the mainland and Baja. Quality is very good: scarring and sunken spots are minimal. MFC and ESS Cucumbers are available.

Grapes



Region	Supplies	Quality	Price
CHILE	▲▲▲	*****	\$\$\$
MEX	▲▲▲	*****	\$\$\$

Prices are starting to inch down. The Chilean grape season has essentially ended; remaining stocks are limited. Quality is average. Mexican fruit will be now on the market, but initial volume is low. California harvests will start in early to mid-July. MFC and ESS Green and Red Seedless Grapes as well as Lunch Bunch Grapes are available.

Green Leaf/Variety Lettuce



Region	Supplies	Quality	Price
CA, USA	▲▲▲	*****	\$\$\$

Prices are unchanged; Salinas Valley supplies are adequate. Quality is very good: fringe burn issues are diminishing. MFC Premium Green Leaf Lettuce is available.

Honeydew



Region	Supplies	Quality	Price
CA, USA	▲▲▲	*****	\$\$\$
MEX	▲▲▲	*****	\$\$\$

The market is low. Mexican stocks are abundant. California desert melon volume is starting to pick up. Quality is good: sugar levels range between 10 and 14 Brix.

Iceberg Lettuce



Region	Supplies	Quality	Price
CA, USA	▲▲▲	*****	\$\$\$

Prices are level. Salinas Valley stocks are ample; high temperatures are aiding growth. MFC Premium Iceberg Lettuce is sporadic; Markon Best Available® is being substituted as needed.

Lemons



Region	Supplies	Quality	Price
CA, USA	▲▲▲	*****	\$\$\$

The overall market is average, although prices for fancy grade fruit are higher than those for choice grade supplies. Seedless lemons will remain available for a week or so longer; harvesting will start again in early November. MFC and ESS Lemons are on the market.

Limes



Region	Supplies	Quality	Price
MEX/TX	▲▲▲	*****	\$\$\$

Prices are steady. Large sizes are limited; the market for small fruit is a bit lower. The crop is dominated by 200 to 250-count sizes; 110- and 150-count fruit will remain tight all month. Quality is very good: skins are smooth and fruit is juicy. MFC and ESS Limes are available.

Onions



Region	Supplies	Quality	Price
CA, USA	▲▲▲	*****	\$\$\$
NM, USA	▲▲▲	*****	\$\$\$

The market is a bit lower than last week. California growers have transitioned to the San Joaquin Valley; supplies are increasing. The New Mexico season is underway; volume will rise through the month. Fresh-run MFC Red and Yellow Onions are available.

Oranges



Region	Supplies	Quality	Price
CA, USA	▲▲▲	*****	\$\$\$

Prices are stable. California's Valencia orange season has begun to ramp up into full production. Supplies of 88- through 163-count fruit are tight. Valencia quality concerns include re-greening and softness due to above-normal temperatures. Packinghouses will gas fruit between 24 and 56 hours to brighten color. Sugar levels range from 12 to 13 Brix. MFC Valencia Oranges are available.

Pears



Region	Supplies	Quality	Price
WA, USA	▲▲▲	*****	\$\$\$

The market is unchanged; storage stocks are sufficient. MFC Washington D'Anjou Pears will be available through late July; the crop is dominated by 90- to 110-count supplies. Small sizes are tight. The new crop California Bartlett season will start in early July.

Pineapple



Region	Supplies	Quality	Price
CR	▲▲▲	*****	\$\$\$
ECUADOR	▲▲▲	*****	\$\$\$

Prices are stable; supplies are adequate in Costa Rica and Ecuador. Quality is excellent: fruit is firm, sweet, and tangy.



Fresh Crop Report

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Potatoes



Region	Supplies	Quality	Price
CO, USA	^^^	*****	\$\$\$
ID, USA	^^^	*****	\$\$\$
OR, USA	^^^	*****	\$\$\$
TX, USA	^^^	*****	\$\$\$
WA, USA	^^^	*****	\$\$\$

Expect high markets through the rest of the season. Idaho Norkotah storage crop potatoes have been depleted. Burbanks will be the sole variety on the market until new crop, field run, Norkotahs become available early August. Quality is good: pressure and shoulder bruising, along with hollow heart, are issues. MFC Burbank Potatoes are available.

Raspberries



Region	Supplies	Quality	Price
CA, USA	^^^	*****	\$\$
MEX	^^^	*****	\$\$

Prices are level; stocks are sufficient in both growing areas. Quality is very good: berries are plump, deep red, and tangy sweet.

Romaine



Region	Supplies	Quality	Price
CA, USA	^^^	*****	\$\$

The market is steady; Salinas Valley supplies are abundant. Quality is very good: fringe burn and seeder are typical issues during the summer season. MFC Premium Romaine Lettuce is available.

Salads & Blends



Region	Supplies	Quality	Price
CA, USA	^^^	*****	\$\$

Prices for raw product iceberg and romaine are unchanged; Salinas Valley stock are ample. Markon's Quality Assurance team continues to monitor quality and processing for the best packs.

Spring Mix



Region	Supplies	Quality	Price
CA, USA	^^^	*****	\$\$

The market is level. Salinas Valley supplies are plentiful. Quality is very good: all varieties are being packed. RSS Conventional and Organic Spring Mixes are available.

Squash



Region	Supplies	Quality	Price
CA, USA	^^^	*****	\$\$
EAST COAST	^^^	*****	\$\$

Prices are weak. Production is fully underway in Florida and Georgia; growers will transition up the coast through the summer months. Supplies are adequate in the Fresno and Santa Maria, California regions. The Mexican season has ended. MFC Zucchini and Yellow Squash are available.

Strawberries



Region	Supplies	Quality	Price
CA, USA	^^^	*****	\$\$
EAST COAST	^^^	*****	\$\$

California supplies are ample in the Salinas/Watsonville and Santa Maria regions; demand is steady. Expect low prices through June. Quality is excellent: berries are deep red, juicy, and sweet. MFC Strawberries are available.

Tomatoes



Region	Supplies	Quality	Price
FL, USA	^^^	*****	\$\$\$
MEX	^^^	*****	\$\$\$

Prices are up. Supplies are snug as harvests are transitioning on both coasts. Volume is starting to increase in Quincy, Florida; markets will inch down later in June. Round tomato production is transitioning from mainland Mexico to Baja. California's San Joaquin Valley harvests will start approximately June 20. MFC Tomatoes are available.

Tree Fruit



Region	Supplies	Quality	Price
CA, USA	^^^	*****	\$\$

The market has stabilized. New crop California nectarine and peach stocks are increasing. Apricots, cherries, and plums are also available. Quality is very good: sugar levels are rising.

Watermelon



Region	Supplies	Quality	Price
AZ/CA, USA	^^^	*****	\$\$
MEX	^^^	*****	\$\$

Prices are starting to inch down. Stocks are plentiful in both of the main harvesting regions. Quality is excellent: sugar levels range between 10 and 14 Brix.



READY-SET-SERVE
by MARKON

Ready-Set-Serve (RSS).
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