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IN EVERY CASE.



Highlights

- Markon First Crop® (MFC) Premium Green Leaf weights are higher on average than the rest of the industry (22 to 24 pounds compared with 19 to 22 pounds).
- The storage season for chipping potatoes is winding down. Northwest growers have roughly two to three weeks of stocks on hand. Spring/summer varieties aren't expected to ship until the first or second week of June
- Broccoli prices are low; Salinas Valley supplies are abundant.

Fresh Crop Report

WEEK OF MAY 29, 2022 | CANADIAN EDITION

Ask a Markon Chef

Markon has gathered a group of our member- and grower-affiliated chefs to answer your questions about produce.

Ask us your most challenging cooking inquiries online >

FEATURED QUESTION

Q: As the weather warms, green salad sales are on the upswing. What lettuce/dressing combinations do you suggest?

A: My current go-to salad is Roasted Apple Salad with Spicy Maple-Cider Vinaigrette. I use Ready-Set-Serve® (RSS) Spring Mix and fortify it with RSS Wild Arugula and/or Baby Kale to build texture and robust volume, then top with candied pecans, sliced dates, and knobbed goat cheese.

- Try tossing RSS Urban Blend with sliced MFC Strawberries and spicy Sriracha shrimp for an on-trend summer entrée salad.
- Crunchy RSS Chopped Romaine pairs well with fresh summer corn, creamy RSS Avocados, and chopped, hard-boiled eggs.

*Chef Darren Lexa,
Markon member chef*



Menu Feature

Every chef needs a few solid recipes in his or her repertoire. That's why Markon has put together a catalog of fresh produce-based recipes that cover it all: day- and menu-parts, the range of seasons, a variety of cuisines, and a diverse list of ingredients.



Strawberry Lattice Tart with Mascarpone

Flaky pastry tarts filled with tangy mascarpone cheese and topped with an eye-catching, delicious strawberry lattice and hibiscus sugar crystals.

Get the full recipe >

Tips for Serving RSS Orange Juice

- Dress steamed MFC Asparagus with vinaigrette comprised of RSS Orange Juice, minced shallots, grapeseed oil, Dijon mustard, and snipped MFC Chives.
- Mash MFC Strawberries in RSS Orange Juice; freeze in an ice cream maker and serve sorbet with tuille cookies.
- Use in a variety of cocktails and wellness drinks across the menu. Great in smoothies and on its own for breakfast and brunch.

Browse additional usage tips >





Cut down prep time by using RSS Baby Spinach and RSS Orange Sections as the base for a variety of creative salads.

Produce Highlights

Avocados

- Expect tight stocks and elevated markets through the summer.
- Small avocados (60- to 84-count fruit) are limited.

Brussels Sprouts

- Prices will remain elevated until Salinas Valley supplies are able to sufficiently meet demand.
- Size is dominated by small and medium sprouts.

Grapes

- Expect elevated prices for a week or two more. The Chilean grape season is ending.
- Mexican fruit will begin shipping later this week. California production will begin in early to mid-July.

Fresh Crop Report

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Apples



Region	Supplies	Quality	Price
WA, USA	▲▲▲	*****	\$\$\$

Prices are level. Washington MFC Fuji, Golden Delicious, Granny Smith, and Red Delicious Apples are available; 88- to 113-count sizes dominate storage stocks. Remaining MFC Gala Apples are tight due to last summer's heat wave, especially 125- to 150- count fruit. Quality is excellent: sugar levels range from 12 to 14 Brix.

Asparagus



Region	Supplies	Quality	Price
MEX	▲▲▲	*****	\$\$\$
PERU/FL	▲▲▲	*****	\$\$\$

The market has dipped a bit; production is ramping up for the summer. Quality is very good: spear and tips are firm, color is bright, and flavor is grassy. MFC Asparagus is available.

Avocados



Region	Supplies	Quality	Price
CA, USA	▲▲▲	*****	\$\$\$
MEX	▲▲▲	*****	\$\$\$
PERU	▲▲▲	*****	\$\$\$

Prices will hold strong all summer. Small avocados (60- to 84-count fruit) are limited; demand has shifted to these sizes as harvesting has been cut back in Mexico. Peruvian volume will ramp up over the next few weeks. RSS Avocado Chunks, Halves, Pico de Gallo Guacamole, and Pure Pulp are available.

Bell Peppers - Green/Red



Region	Supplies	Quality	Price
CA, USA	▲▲▲	*****	\$\$\$
CAN	▲▲▲	*****	\$\$\$
EAST COAST	▲▲▲	*****	\$\$\$

Prices are elevated, especially for red bells. Harvesting got a late start in Georgia, but production is increasing. California desert volume is low; growers will transition to Bakersfield in two weeks. Canadian greenhouse stocks are low due to overcast conditions. Sunscalding is an occasional issue. MFC and Markon Essentials® (ESS) Green and Red Bell Peppers are available.

Blackberries



Region	Supplies	Quality	Price
CA, USA	▲▲▲	*****	\$\$\$
MEX	▲▲▲	*****	\$\$\$

Prices are stable; stocks are adequate. Quality is very good: berries are plump and sweet with deep purple color.

Blueberries



Region	Supplies	Quality	Price
CA, USA	▲▲▲	*****	\$\$\$
MEX	▲▲▲	*****	\$\$\$

The market has leveled as production is increasing in Baja, Mexico and California's San Joaquin Valley. Quality is very good: fruit is firm and tangy-sweet.

Broccoli



Region	Supplies	Quality	Price
CA, USA	▲▲▲	*****	\$\$\$
MEX	▲▲▲	*****	\$\$\$

Prices are weak; stocks are abundant. Quality is very good: head size is consistent. MFC Broccoli is available.

Cantaloupe



Region	Supplies	Quality	Price
CA, USA	▲▲▲	*****	\$\$\$
MEX	▲▲▲	*****	\$\$\$
OFFSHORE	▲▲▲	*****	\$\$\$

The market is a bit lower; production is increasing in the California. The offshore season is ending. Mexican supplies are adequate. Sugar levels range between 10 and 14 Brix.

Cauliflower



Region	Supplies	Quality	Price
CA, USA	▲▲▲	*****	\$\$\$

Prices are unchanged; Salinas Valley volume is starting to rise with recent high temperatures. Quality is very good: head size is increasing. ESS Cauliflower is available.



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Celery



Region	Supplies	Quality	Price
CA, USA	▲▲▲	*****	\$\$\$

The market is high; stocks are limited. Growers will transition to Salinas, California in mid- to late June. The Michigan season will begin in early July. Quality is good: seeder problems will decrease once growers move away from Oxnard season. MFC Celery is available.

Chile Peppers



Region	Supplies	Quality	Price
FL, USA	▲▲▲	*****	\$\$\$
MEX	▲▲▲	*****	\$\$\$

Prices are stable. Jalepeño and Cubanelle supplies are sufficient in Plant City, Florida; Poblanos and Serranos are tight. The Georgia season will begin next week. Stocks are plentiful in mainland Mexico; Baja volume will increase in early June. Overall quality is very good: skins are smooth and deeply colored, while flavor is intense.

Cucumbers



Region	Supplies	Quality	Price
EAST COAST	▲▲▲	*****	\$\$\$
MEX	▲▲▲	*****	\$\$\$

The market is level. East Coast growers have transitioned to Georgia. Mexican supplies are shipping from both the mainland and Baja. Quality is very good: scarring and sunken spots are occasional issues. MFC and ESS Cucumbers are available.

Grapes



Region	Supplies	Quality	Price
CHILE	▲▲▲	*****	\$\$\$
MEX	▲▲▲	*****	\$\$\$

Expect elevated prices for a week or two more. The Chilean grape season is ending. Quality is average. Mexican fruit will begin shipping later this week. California production will begin in early to mid-July. MFC and ESS Green and Red Seedless Grapes as well as Lunch Bunch Grapes are available.

Green Leaf/Variety Lettuce



Region	Supplies	Quality	Price
CA, USA	▲▲▲	*****	\$\$\$

The market is stable; Salinas Valley stocks are sufficient. Quality is very good: fringe burn is a sporadic issue. MFC Premium Green Leaf Lettuce is available.

Honeydew



Region	Supplies	Quality	Price
CA, USA	▲▲▲	*****	\$\$\$
MEX	▲▲▲	*****	\$\$\$

Prices are weak. Mexican supplies are ample. California desert production is ramping up. Quality is good: sugar levels range between 10 and 14 Brix.

Iceberg Lettuce



Region	Supplies	Quality	Price
CA, USA	▲▲▲	*****	\$\$\$

The market is steady. Salinas Valley volume is high; hot weather is increasing head weights in the field. MFC Premium Iceberg Lettuce is sporadic; Markon Best Available® is being substituted as needed.

Lemons



Region	Supplies	Quality	Price
CA, USA	▲▲▲	*****	\$\$\$

Prices are up for fancy grade fruit; expect lower markets for choice grade fruit. Seedless lemons will remain on the market until mid-June; new crop harvesting will begin in early November. MFC and ESS Lemons are available.

Limes



Region	Supplies	Quality	Price
MEX/TX	▲▲▲	*****	\$\$\$

The market is stable. Large sizes are tight; expect better pricing for small fruit. The crop is dominated by 200 to 250-count sizes; 110- and 150-count fruit will remain limited through June. Quality is very good. MFC and ESS Limes are available.

Onions



Region	Supplies	Quality	Price
CA, USA	▲▲▲	*****	\$\$\$
NM, USA	▲▲▲	*****	\$\$\$

High prices persist. California Imperial Valley supplies are sufficient; growers will transition to the San Joaquin Valley in early June. The Texas season has ended. New Mexico harvests are getting underway; stocks are snug. Fresh-run MFC Red and Yellow Onions are available.

Oranges



Region	Supplies	Quality	Price
CA, USA	▲▲▲	*****	\$\$\$

The market is level. California's Valencia orange season has begun to ramp up into full production. Supplies of 88- through 163-count fruit are tight. Quality is very good: sugar levels range from 12 to 13 Brix. MFC Valencia Oranges are available.

Pears



Region	Supplies	Quality	Price
WA, USA	▲▲▲	*****	\$\$\$

Prices are steady; storage supplies are adequate. MFC Washington D'Anjou Pears will be on the market through late July; the crop is dominated by 90- to 110-count stocks. Small sizes are limited. The new crop California Bartlett season will begin in early July.

Pineapple



Region	Supplies	Quality	Price
CR	▲▲▲	*****	\$\$\$
ECUADOR	▲▲▲	*****	\$\$\$

The market is unchanged; stocks are sufficient in Costa Rica and Ecuador. Quality is excellent: fruit is firm, sweet, and tangy.



Fresh Crop Report

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Potatoes



Region	Supplies	Quality	Price
CO, USA	▲▲▲	*****	\$\$\$
ID, USA	▲▲▲	*****	\$\$\$
OR, USA	▲▲▲	*****	\$\$\$
TX, USA	▲▲▲	*****	\$\$\$
WA, USA	▲▲▲	*****	\$\$\$

Prices are elevated. Idaho Norkotah storage crop potatoes have been depleted. Burbanks will be the sole variety on the market until new crop, field run, Norkotahs become available early August. Quality is good: pressure and shoulder bruising, along with hollow heart, are problems.

Raspberries



Region	Supplies	Quality	Price
CA, USA	▲▲▲	*****	\$\$\$
MEX	▲▲▲	*****	\$\$\$

The market is steady; supplies are adequate in both growing regions. Quality is very good: berries are plump, deep red, and tangy sweet.

Romaine



Region	Supplies	Quality	Price
CA, USA	▲▲▲	*****	\$\$\$

Prices are level; Salinas Valley stocks are plentiful. Quality is very good: fringe burn and seeder are typical issues at this time of year. MFC Premium Romaine Lettuce is available.

Salads & Blends



Region	Supplies	Quality	Price
CA, USA	▲▲▲	*****	\$\$\$

Markets for raw product iceberg and romaine are stable; Salinas Valley supplies are abundant. Markon's Quality Assurance team continues to monitor quality and processing for the best packs.

Spring Mix



Region	Supplies	Quality	Price
CA, USA	▲▲▲	*****	\$\$\$

Prices are unchanged. Salinas Valley stocks are abundant. Quality is very good: yellowing is minimal. RSS Conventional and Organic Spring Mixes are available.

Squash



Region	Supplies	Quality	Price
CA, USA	▲▲▲	*****	\$\$\$
EAST COAST	▲▲▲	*****	\$\$\$
MEX	▲▲▲	*****	\$\$\$

The East Coast market is a bit lower. Growers are harvesting in Florida and Georgia, then moving up the coast through the summer. On the West Coast, the Fresno and Santa Maria, California seasons are underway; volume will rise in June. The Mexican season is winding down. MFC Zucchini and Yellow Squash are available.

Strawberries



Region	Supplies	Quality	Price
CA, USA	▲▲▲	*****	\$\$\$
EAST COAST	▲▲▲	*****	\$\$\$

Prices are steady; stocks are meeting demand. The Santa Maria and Salinas/Watsonville seasons are underway and will peak over the next three weeks. Quality is excellent: berries are deep red, juicy, and sweet. MFC Strawberries are available.

Tomatoes



Region	Supplies	Quality	Price
FL, USA	▲▲▲	*****	\$\$\$
MEX	▲▲▲	*****	\$\$\$

The market is up. Supplies are snug as harvests are transitioning on both coasts. A short harvesting gap is expected between the Ruskin/Palmetto and Quincy, Florida harvests; markets will inch up until mid-June. Round tomato production is transitioning from mainland Mexico to Baja. California desert harvests will move to the San Joaquin Valley in late June. MFC Tomatoes are available.

Tree Fruit



Region	Supplies	Quality	Price
CA, USA	▲▲▲	*****	\$\$\$

Prices will ease over June and July. New crop California nectarine and peach supplies are becoming more plentiful. Apricots and cherries are also on the market. Plums will hit the market in early June. Quality is very good: sugar levels range from medium to high.

Watermelon



Region	Supplies	Quality	Price
AZ/CA, USA	▲▲▲	*****	\$\$\$
MEX	▲▲▲	*****	\$\$\$

The market is level. Mexican supplies are abundant. Domestic stocks are increasing. Quality is excellent: sugar levels vary between 10 and 14 Brix.



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