

CONFIDENCE  
IN EVERY CASE.



*Charred to give these mild peppers smoky, sweet notes, this shareable appetizer is tossed with Japanese furikake and crispy puffed rice.*

## CALENDAR

### April

- 5: Palm Sunday
- 9: First Day of Passover
- 10: Good Friday
- 12: Easter
- 13: Easter Monday (CAN)
- 19: Orthodox Easter
- 22: Earth Day
- 24: First Day of Ramadan

### May

- 1: May Day
- 5: Cinco de Mayo
- 10: Mother's Day
- 16: Armed Forces Day
- 18: Victoria Day (Canada)
- 24: First Day of Eid al-Fitr
- 25: Memorial Day (USA)

# Specialty PRODUCE REPORT

EARLY APRIL 2020

## Featured Items



**Fiddlehead Ferns** – Fiddleheads are tightly wound pinwheel-shaped greens named for their resemblance to the scrolls of violins. A seasonal delicacy, they taste like a blend of asparagus and artichoke hearts. Fiddleheads must be cooked; sauteing yields the best flavor (slightly nutty) and consistency (firm, but chewy). In season through June, they are shipped in one- and five-pound packs.



**Green Garlic** – Green garlic is harvested before the familiar cloves of traditional garlic develop. It has a white, bulbous bottom and tender, green top. Much milder than traditional garlic, it sweetens when cooked. Popular in soups, stir-fries, and vinaigrettes, it can also be used on pizzas, in omelets, and in salsas. In season through May, it's shipped in 10-pound packs.



**Sunchokes** – Sunchokes, or Jerusalem artichokes, are light brown tubers with rough, bumpy skins. The inner flesh is ivory-colored and crisp (like water chestnuts) with flavor similar to artichoke hearts. Soak peeled sunchokes in lemon juice or vinegar to prevent browning. Pair with Mediterranean ingredients like basil, eggplant, and tomatoes. Available year-round in 5- and 10-pound packs.

## Updates

**\*PLEASE NOTE: SOME IMPORTED ITEMS MAY NOT BE AVAILABLE DUE TO COVID-19.**

**\*\*Item availability varies by member. Please check with your sales representative for availability.**

**In Season\*** – Shishito peppers (5-, 10-, and 20-lb. boxes), hot-house rhubarb (15-lb. packs), field rhubarb (20-lb. cartons), baby kiwifruits (12/6-oz. packs), passion fruits (1-layer flats), Murcott mandarins (25-lb. boxes), kumquats (10-lb. flats), imported figs (1-layer packs), imported pomegranates (8- and 10-ct. cartons), sea beans (5-lb. boxes), mini sweet peppers 12/1-lb. flats), Castelfranco (6- and 8-ct. packs), kohlrabi (12-ct. cartons), Pixie tangerines (25-lb. boxes), imported quince (2-layer packs), watermelon radishes (10- and 25-lb. boxes), imported white/yellow peaches and nectarines (2-layer packs), Cipollini onions (10-lb. boxes), Meyer lemons (10-, 20-, and 40-lb. cartons), treviso (9- and 12-ct. boxes), fingerling yams (10- and 40-lb. cartons), Cara Cara oranges (20-lb. flats), Minneola tangelos (56- to 125-ct. packs), blood oranges (10- and 18-lb. boxes), clementines (5-, 4/5-, and 22-lb. packs), and red dragon fruits (10-lb. boxes).

**Limited** – Ramps (1- and 5-lb. boxes), French beans (various packs), English peas (25-lb. flats), Romano beans (10-lb. cartons), romanesco (9-, 12-, and 16-ct. boxes), fava beans (10- and 25-lb. boxes), red Belgian endive (8-lb. cartons), yellow dragon fruits (8-lb. boxes), hot-house cucumbers (12- to 16-ct. flats), Comice and red pears (22-lb. packs), pink lemons (8-lb. packs), Little Gem lettuce (24-ct. packs), Seville oranges (38-lb. boxes), Paige mandarins (22-lb. cartons), Tango tangerines (22-lb. packs), red/gold pearl onions (12/10-oz. flats), gold kiwifruits (1-layer cartons), purple/yellow wax beans (10-lb. boxes), colored cauliflower (6- and 12-ct. boxes), Sumo mandarins (28- and 33-ct. boxes), rambutans (4.4-lb. flats), mini sweet peppers (12/1-lb. cartons), mandarinquats (10-lb. boxes), and cherimoyas (10- and 12-ct. packs).

**Season Ended** – Fuyu persimmons (1-layer cartons), red currant berries (12-ct. half-pints), and imported white peaches/nectarines (1-layer boxes).

**Coming Soon** – Gold kiwifruits (1-layer packs), garlic scapes/whistles (1- and 5-lb. boxes), cherries (16- and 18-lb. packs), and spring/wild onions (5-lb. boxes).



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