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Specialty PRODUCE REPORT

LATE MAY 2019

Featured Items



English Peas – Plump, round, bright green legumes, English peas are tender and sweet. Toss with creamy pasta, mayonnaise-based salads, and risotto or pair with bacon, carrots, light-flavored fish, and potatoes. Available most of the year, English peas are at their flavor peak April through June. Look for them in 10- and 25-pound cartons.



Red Cactus Pears – These pear-shaped fruits of cacti plants have deep crimson, leathery skins and brilliant red flesh with texture like watermelons. Typically found in the cuisines of Latin America, red cactus pears can be used in agua frescas, green salads, and salsas. In stock most of the year, they are usually packed in 25- to 32-count flats.



Red Tamarillos – Nicknamed tree tomatoes, red tamarillos are tart, juicy, oval-shaped fruits; it's best to remove the bitter skin before serving. The meaty flesh can be substituted for tomatoes in green salads and on sandwiches. They make great chutneys, jams, and salsas. Red tamarillos are available through September in one-layer, 30-count packs.

Updates

* Item availability varies by member. Please check with your sales representative for availability.

In Season* – Rainier cherries (16-lb. flats), Saturn peaches (1-layer boxes), Champagne mangoes (8- and 14-ct. cartons), brown Asian pears (1- and 2-layer packs), Treviso (9- and 12-ct. boxes), Meyer lemons (10-, 20-, and 40-lb. cartons), pomegranates (1-layer flats), Belgian endive (11-lb. cartons), rhubarb (20-lb. packs), Pepino melons (16-ct. boxes), feijoas (30- to 39-ct. flats), dragon fruits (6- and 10-lb. packs), quince (1-layer flats), Fuyu persimmons (1-layer cartons), Cara Cara oranges (20-lb. packs), sea beans (5-lb. boxes), Clementines (5- and 4/5-lb. cartons), baby corn (100-ct. packs), Carolina and Ghost chile peppers (8/.5-gram flats), baby/blond frisee (12-ct. boxes), frisee (24-ct. cartons), parsley roots (12-ct. boxes), and black garlic (1-lb. packs).

Tight Stocks – Brussels sprouts (3/2-, 10-, and 25-lb. packs), fiddlehead ferns (1- and 5-lb. boxes), black/watermelon radishes (10- and 25-lb. packs), sunchokes (5- and 10-lb. cartons), French/purple/yellow wax beans (10-lb. boxes), Black Trumpet/Morel mushrooms (1- and 5-lb. flats), passion fruits (1-layer cartons), baby pineapples (10-ct. boxes), parsley roots (12-ct. packs), celery roots with tops (12-ct. boxes), yellow cherry/grape tomatoes (12-ct. pints), fava beans (10- and 25-lb. boxes), red Belgian endive (8-lb. cartons), kohlrabi (12-ct. boxes), purple fingerling potatoes (10- and 50-lb. packs), red/yellow dragon fruits (6-lb. boxes), pink radicchio (9- and 12-ct. cartons), hot-house cucumbers (12- to 16-ct. packs), baby squashes (5- and 10-lb. flats), baby bunch beets/carrots (24-ct. cartons), yellow cherry/grape tomatoes (12-pt. boxes), rapini (20-lb. packs), sapotes (10-lb. cartons), heirloom tomatoes (10-lb. packs), Romano beans (10-lb. cartons), colored cauliflower (6- and 12-ct. boxes), pink variegated lemons (18-lb. cartons), Kumato/yellow tomatoes (10-lb. packs), celery root (12-ct. flats), ramps (1- and 5-lb. packs), Romanesco (9-, 12- to 16-ct. boxes), Scorpion Reaper chile peppers (8/.5-gram flats), and kumquats (10-lb. boxes).

Season Ended – Pixie tangerines (25-lb. boxes), mandarinquats (10-lb. cartons), pummelos (14-ct. packs), and Taiwanese cherimoyas (10-lb. flats).

Coming Soon – Star fruits (12- to 18-ct. packs) and Chilean cherimoyas (10-lb. boxes).



Earthy, yet fresh, this cauliflower puree makes a great starter or soup; garnish with spring peas and fried basil.

CALENDAR

May

18: Armed Forces Day
20: Victoria Day (CAN)
27: Memorial Day

June

5: First Day of Eid al-Fitr
16: Father's Day
21: Summer Begins
24: St. Jean Baptiste Day (Quebec)



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