

Avocado, Chunks

Serving Size 75 grams

Amount Per Serving

Calories 120

% Daily Value *

Total Fat 11 g	14%
Saturated Fat 2 g	8%
Trans Fat 0 g	
Cholesterol 0 mg	0%
Sodium 5 mg	0%
Total Carbohydrate 6 g	2%
Dietary Fiber 5 g	18%
Total Sugars 0 g	
Includes 0 g Added Sugars	0%

Protein 2 g

Vitamin D 0 mcg	0%
Calcium 9 mg	0%
Iron 0 mg	2%
Potassium 360 mg	8%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Allergens: No known allergens in this product.

Ingredients: This product contains avocados.
